

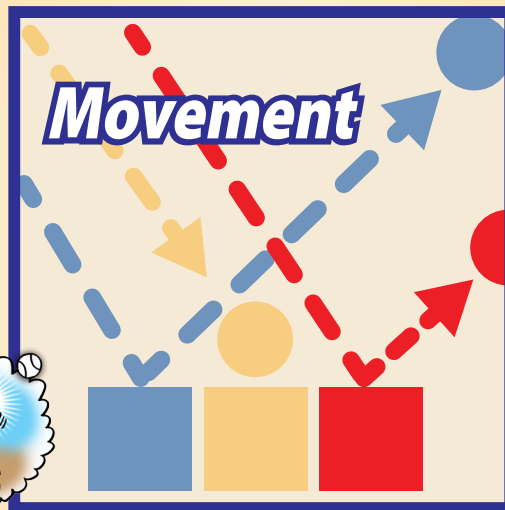
# Helping **BOYS** Learn

Boys need to feel they are "moving towards something" for maximum effort



Boys' brains are wired to perceive and participate in movement

## The Secret of



## in Boys' Learning

Boys work best in phases: Intense effort followed by rest periods



Movement and bodily contact are tools for communication... particularly among young boys

Movement can help a boy focus and give him understanding and confidence



Boys are up to 18 months behind girls in listening/speaking when they enter school